

JAN

13
Health&Wellness*

25
Support Groups*

FEB

6
Family Fun Event*

22
CPR Training*

24
Crawl for a Cause

24/25
Champions Ride

26
Meet & Greet

MAR

8
Parents Night Out*

31
Sibling Day Event*

APR

14
Gritz & Glitz Gala

18
Meet & Greet

26
Support Groups*

tbd
Health&Wellness*

all month
Autism Project

MAY

tbd
Family Fun Event*

24
Support Groups*

JUNE

tbd
Parents Night Out*

28
Support Groups*

JULY

tbd
Health&Wellness*

26
Support Groups*

AUG

tbd
Family Fun Event*

20
Meet & Greet

23
CPR Training*

SEPT

6
Cascades
Goes Gold

13
Parents Night Out*

26
Support Groups*

all month
"Go Gold"
Trike Project

OCT

tbd
Health&Wellness*

25
Support Groups*

tbd
Talent Show**

NOV

tbd
Parents Night Out*

15
Support Groups*

DEC

6-8
Santa Day*

2018

* Events are for Hang Tough Hero Families only. To sign up, look for the Hero Sign Up page on our website Homepage.

** Talent Show performers are strictly Hang Tough Heroes and their Sibling Sidekicks. However, being part of the audience is open to the public.